

Lesson 10-The Cure for Our Anxiety

Sermon on the Mount-Matthew 6:19-34

1. When studying your Bible, what should the word *therefore* alert you to look for in the verses that come before it?
2. What should be the Christian's attitude toward material possessions?
3. How does Jesus progressively address the different causes of our anxiety in Matthew 6:25–34, and what does He teach us to do instead?
4. Which of the causes of anxiety do you struggle with the most? Why?