

Psalm

SUMMER SERMON SERIES

Psalm 90: Man's Fleeting Life

Psalm 90:1

A Prayer of Moses the man of God

¹ Lord, You have been our dwelling place in all generations.

Psalm 90:2-6

² Before the mountains were brought forth,
Or ever You had formed the earth and the world,
Even from everlasting to everlasting, You *are* God.

³ You turn man to destruction,
And say, “Return, O children of men.”

⁴ For a thousand years in Your sight
Are like yesterday when it is past,
And *like* a watch in the night.

⁵ You carry them away *like* a flood;
They are like a sleep.
In the morning they are like grass *which* grows up:

⁶ In the morning it flourishes and grows up;
In the evening it is cut down and withers.

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Lamenting Contrast

Psalm 90:2-6

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Or ever You had formed the earth and the world,
Even from everlasting to everlasting, You *are* God.

The Lord is eternal

³ You turn man to destruction,
And say, “Return, O children of men.”

The Lord is judging man dead

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The Lord is judging man dead

Psalm 90:7-11

⁷ For we have been consumed by Your anger,
And by Your wrath we are terrified.

⁸ You have set our iniquities before You,
Our secret *sins* in the light of Your countenance.

⁹ For all our days have passed away in Your wrath;
We finish our years like a sigh.

¹⁰ The days of our lives *are* seventy years;
And if by reason of strength *they are* eighty years,
Yet their boast *is* only labor and sorrow;
For it is soon cut off, and we fly away.

¹¹ Who knows the power of Your anger?
For as the fear of You, *so is* Your wrath.

Psalm 90:7-11

2 Reasons the Lord is turning men to dust and sweeping them away:

1. The Lord's anger and wrath (v. 7):

- Anger = strong displeasure; wrath = anger in action. Ex: Volcano
- His anger is not out of control or vengeful.
- His anger is holy.
- His anger is in complete unity with all His attributes.

2. Mankind's Sin (v. 8):

- Explains the Lord's judgment.
- What is sin? Failure and rejection of the Lord.
- Numbers 14 = likely scenario of Israel here.

Psalm 90:1-11

Theological Point (vv. 1-11)

Man's fleeting life is explained in his sin and the
Lord's wrath.

Psalm 90:12

**¹² So teach *us* to number our days,
That we may gain a heart of wisdom.**

- Teach us to number our days = realize man's fleeting life and its causes.
- Wisdom = a life submitted to the Lord.

Psalm 90:12

Theological Point (v. 12)

Man's fleeting life finds wisdom in the Lord's
anger and wrath.

Psalms 90:13-17

13 Return, O Lord!

How long?

And have compassion on Your servants.

14 Oh, satisfy us early with Your mercy,

That we may rejoice and be glad all our days!

15 Make us glad according to the days *in which* You have afflicted us,

The years *in which* we have seen evil.

16 Let Your work appear to Your servants,

And Your glory to their children.

17 And let the beauty of the Lord our God be upon us,

And establish the work of our hands for us;

Yes, establish the work of our hands.

Psalm 90:1-17

Conclusion:

Let the hard reality of a fleeting life
because of sin and God's wrath push
you towards the sweet reality of Jesus
Christ.

He is our wisdom and mercy!