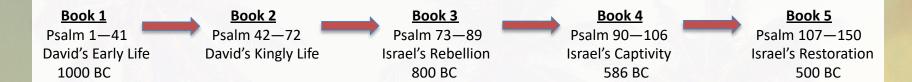


The 5 Books of the Psalms

Spanning over 500 years



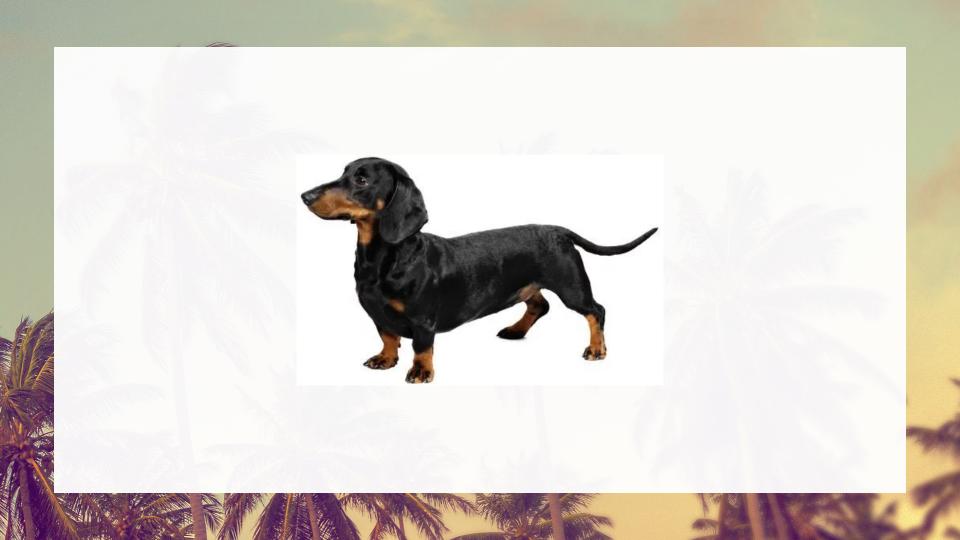
Book 1: Psalm 1—41 (David's Early Life)

Sure, Headstrong, Proud

Trials and Growing Pains

"God, help me"

The Doxology



Book 1: Psalm 1—41 (David's Early Life)

Sure, Headstrong, Proud

Trials and Growing Pains

"God, help me"

The Doxology (Psalm 41:13)

"Blessed by the LORD God of Israel from everlasting to everlasting!

Amen."

Book 2: Psalm 42—72 (David's Kingly Life)

Established, Arrived, Secure

Amidst Good Times, still Trials and Distrust

"God, be my Lord"

The Doxology (Psalm 72:18-20)

"Blessed be the LORD God of Israel, Who only does wondrous things! And blessed be His glorious name forever! And let the whole earth be filled with His glory. Amen and Amen."

Book 3: Psalm 73—89 (Israel's Rebellion)

Impending Discipline Due to Disobedience

Align Your Life with God or Keep Living Your Life "As Is"

"God, I worship You"

The Doxology (Psalm 89:52)

"Blessed be the LORD forevermore. Amen and Amen."

Book 4: Psalm 90—106 (Israel's Captivity)

Doom, Defeat, Trauma and Despair

Through the Turmoil, Trust in the Lord's Love

"God, I repent"

The Doxology (Psalm 106:48)

"Blessed be the LORD God of Israel. From everlasting to everlasting! And let all the people say, 'Amen!' Praise the Lord!"

Book 5: Psalm 106—150 (Israel's Restoration)

God's Promise to Bring Israel Back Into the Land

The God of 2nd Chances

"God, I praise You"

The Doxology (Psalm 150)

Psalms for Every Life Stage

Book 1: When you're young → Bless Him! He is the Eternal One

Book 2: When you're more established → Bless Him! He is Lord

Book 3: When you let yourself reign → Bless Him! Worship Him

Book 4: When you face tumultuous times → Bless Him in all things!

Book 5: When you have seasons of restoration → Praise Him!